



## Community Partnership Short Courses 2017

For all enquires please call Waminda Community House on 03 57621485

Courses	Dates	Times	Location	Cost (\$)
<b>TERM 1, 2017</b>				
<b>Rock and Water</b> <i>Women's basic self defence</i>	Wednesday 1 Feb - Wednesday 29 March	5:00pm - 5:45pm	Waminda Shed 19 Ballintine Street Benalla West	FREE
<b>Sell your Skills</b> <i>Learn how to make extra money with the skills you already possess!</i>	Tuesday 14 Feb - Tuesday 21 March	10:30am - 1:30pm	NEA 122 Bridge Street East Benalla	\$20 per participants
<b>REACH Cooking</b> <i>Learn how to cook a healthy meal on a nice low budget</i>	Thursday 2 Feb Thursday 16 Feb Thursday 2 March BREAK Thursday 30 March	12:00pm - 2:00pm	Waminda Kitchen 19 Ballintine Street Benalla West	FREE
<b>Immunisations</b> <i>Infant and baby immunisation needles. Bring your green or blue book. Adult and school immunisations also offered</i>	Monday 6 February Monday 6 March	12:45pm - 1:30pm	Waminda Kitchen 19 Ballintine Street Benalla West	FREE
<b>GROW Group</b> <i>Free social support group for people that suffer from, or support people who suffer from, mental illness. This is open to all members of Benalla and the surrounding areas.</i>	Monday 30 January Monday 6 February Monday 13 February Monday 20 February Monday 27 February Monday 6 March Monday 13 March Monday 20 March Monday 27 March	10:30am - 12:30pm	Waminda Shed 19 Ballintine Street Benalla West	FREE
<b>Train the Trainer</b> <i>Learn the skills and techniques required to engage with an audience and transfer information and knowledge. Pack a light lunch!</i>	Monday 27 March	10:00am - 3:30pm	NEA 122 Bridge Street East Benalla	\$20 per participants
<b>Effective Volunteering</b> <i>Learn what is required to provide valuably volunteering and learn your rights and responsibilities.</i>	29/03/17	10:00am - 1:30pm	NEA 122 Bridge Street East Benalla	\$20 per participants (OR \$100 per organisation)
<b>Technology Help</b> <i>One on one tutoring for anyone of any technical level. Tutoring session catered to suit your individual needs! This includes help with Tablets, Ipads, Ipods, Smart phones, Desktops, and Laptops (subject to availability of tutors)</i>	By appointment, call Waminda to book in today!	TBA	Waminda House 19 Ballintine Street Benalla West	\$20 per hour